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Morristown, NJ 07960

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Offices:** 541 West Broad Street
Westfield, NJ 07090

66 Sunset Strip
Succasunna, NJ 07876

Fellowship: Spinal Surgery
Thomas Jefferson University Hospital
Philadelphia, PA 19701
August, 1999 - July, 2000

Residency: Orthopaedic Surgery
State University of New York at Stony Brook
Stony Brook, NY 11794
July, 1995- June, 1999

Internship: State University of New York at Stony Brook
Department of Surgery
Stony Brook, NY 11794
July, 1994 - June, 1995.

Education: M.D., University of Pittsburgh, School of Medicine
August, 1990 – June, 1994.

B.S., State University of New York at Binghamton
Graduated with Honors
August, 1986 – June, 1990.

Board Certification:
American Board Of Orthopaedic Surgery 7/02

Professional Appointments:
Morristown Memorial Hospital

Physician
Morristown, NJ
August, 2000

Overlook Hospital
Physician
Summit, NJ
August, 2000

Saint Barnabus Medical Center
Physician
Livingston, NJ
August, 2000

Licensure: New Jersey Medical License issued, July, 2000

Orgnaizations:

American Medical Association
New Jersey Orthopaedic Society
New Jersey Medical Society

Honors/

Awards:

Administrative Chief Resident
State University of New York at Stony Brook, 7/98 - 6/99

University of Pittsburgh Summer Research Stipend; 1991.

University of Pittsburgh Summer Research Stipend; 1992.

Publications: Moulton MJ, Nachwalter RS, Hilibrand AS, Vaccaro AR, Albert TJ, "Management of Cervical Kyphosis in Patients with Anklosing Spondylitis", *Orthopedic Technology Review* 2(5):2000.

Vaccaro AR, Nachwalter RS, Klein GR, Seward, JM Albert TJ, Garfin SR, "The Significance of Thoracolumbar Spinal Canal Size in Spinal Cord Injury Patients", *Spine* 26:371-376, 2001.

Harris BM, Hilibrand AS, Nien YH, Nachwalter RS, Vaccaro AR, Albert TJ, Siegler, S, "A Comparison of Three Screw Types for Unicortical Fixation in the Lateral Mass of the Cervical Spine", *Spine* 26:2427-2431, 2001.

Hart RA, Vaccaro AR, Nachwalter RS, McLain RF, "Cervical Facet Dislocation: When is Magnetic Resonance Imaging Indicated?" *Spine* 27:116-118, 2002.

Abstracts: Nahmias, J., Nachwalter, R., Karetzky, M. "Right Ventricular Dysfunction in Patient with Obstructive Sleep Apnea (OSA): Characteristics and Treatment With nCPAP." *Sleep Research* 22:244, 1993.

Nahmias, J., Ramos, R., Nachwalter, R., Karetzky, M. "Nasal Resistance in Snorers With and Without Obstructive Sleep Apnea." *Sleep Research* 22:243, 1993.

Nahmias, J., Nachwalter, R., Schaeffer, J., Karetzky, M. "Efficacy of Methylphenidate (Ritalin) in the Treatment of Excessive Daytime Somnolence (EDS)." *Sleep Research* 21:242, 1992.

Nahmias, J., Nachwalter, R., Schaeffer, J., Karetzky, M. "Narcolepsy Verses Idiopathic CNS Hypersomnolence: A Comparison of Patient and Polysomnographic Characteristics." *Sleep Research* 21:243, 1992.

Book Chapters:

C1-2 Fusion, Anterior Approach
Tricks of the Trade
Thieme, New York, In Press.

C1-2 Fusion, Anterolateral Approach
Tricks of the Trade
Thieme, New York, In Press

Presentations:

"Case Presentations"
Hyatt Regency
Cambridge, MD 8/04

"Update on Cervical Spine Trauma"
Mirror Lake Inn
Lake Placid, NY 8/03

"Chronic Back Pain"
Overlook Hospital
Summit, NJ 3/03

"Anterior Cervical Discectomy and Fusion Without Instrumentation"
Mirror Lake Inn
Lake Placid, NY 8/02

"Cervical Orthosis"
Mirror Lake Inn
Lake Placid, NY 8/02

"Low Back Pain, Diagnostic and Treatment Strategies"
Overlook Hospital
Summit, NJ 12/01

"Spinal Trauma"
Morristown Memorial Hospital
Morristown, NJ, 7/01

“Degenerative and Traumatic Disorders of the Cervicothoracic Junction”
Thomas Jefferson University Hospital
Philadelphia, PA 7/00.

“Cervical Myelopathy: Anterior Approach”
Thomas Jefferson University Hospital
Philadelphia, PA 6/00.

“Dural Tears: Management and Sequale”
Thomas Jefferson University Hospital
Philadelphia, PA 5/00

“Cervical Myelopathy and Radiculopathy; Pathophysiology and Imaging”
Thomas Jefferson University Hospital
Philadelphia, PA 4/00.

“Diagnostic Strategies in Axial Back Pain”
Thomas Jefferson University Hospital
Philadelphia, PA 2/00.

“Scoliosis-Posterior Approach”
Thomas Jefferson University Hospital
Philadelphia, PA 1/00.

“The Significance of Thoracolumbar Spinal Canal Size in Spinal Cord Injury Patients”
Controversies in Spine Surgery
Miami Beach, FL, 11/99

“Timing of MRI in acute Cervical Trauma”
Thomas Jefferson University Hospital
Philadelphia, PA, 11/99.

“Management of Metastasis of the Spine”
Thomas Jefferson University Hospital
Philadelphia, PA, 10/99

“Imaging in Spinal Tumors and Infection”
Thomas Jefferson University Hospital
Philadelphia, PA, 9/99.

“A Comparison of Various Methods of Fixation in Pauwels’ III Femoral Neck Fractures”
The American Orthopaedic Association
32nd Annual Resident’s Conference
Chapel Hill, NC, 3/99.

“A Comparison of Various Methods of Fixation in Pauwels’ III Femoral Neck Fractures”
American Academy of Orthopaedic Surgeons

Aneheim, CA 2/99.

“Chondrosarcoma”
State University of New York at Stony Brook
Stony Brook, NY, 2/99.

“A Comparison of Various Methods of Fixation in Pauwels’ III Femoral Neck Fractures”
Orthopaedic Research Symposium
State University of New York at Stony Brook
Stony Brook, NY, 5/98.

“Spinal Stenosis”
State University of New York at Stony Brook
Stony Brook, NY, 2/98.

“Isolated Distal Radial-Ulna Joint Dislocation”
Winthrop University Hospital
Mineola, NY, 8/97.

“Fat Embolism Syndrome”
Winthrop University Hospital
Mineola, NY, 4/97.

“Fat Embolism Syndrome”
State University of New York at Stony Brook
Stony Brook, NY, 2/97.

“Distal Radius Non-Union”
State University of New York at Stony Brook
Stony Brook, NY, 10/96.

“Proximal Humerus Fractures”
State University of New York at Stony Brook
Stony Brook, NY, 8/96.

“Pediatric Femur Fractures”
State University of New York at Stony Brook
Stony Brook, NY, 5/96.

“Metastatic Disease of the Spine”
State University of New York at Stony Brook
Stony Brook, NY, 3/96.

“Intramedullary Femoral Osteotomies”
State University of New York at Stony Brook
Stony Brook, NY, 2/96.

“Metaphyseal Cortical Defect of the Distal Femur”

State University of New York at Stony Brook
Stony Brook, NY, 1/96.

“Squamous Cell Carcinoma of the Hand”
Tumor Board, Nassau County Medical Center
Hempstead, NY, 8/95.

Poster Exhibits:

“A Comparison of Various Methods of Fixation in Pauwels’ III Femoral Neck Fractures”
American Academy of Orthopaedic Surgeons
Aneheim, CA 2/99

Course Faculty:

Instructor, Synthes Course for Operating Room Personnel
Philadelphia, PA 1/00

Jefferson Fellow Course
Cambridge, MD 8/04

Jefferson Fellow Course
Lake Placid, NY 8/03

Jefferson Fellow Course
Lake Placid, NY 8/02